

## Youth Online: High School YRBS

### Colorado 2009 Results

Colorado, High School Youth Risk Behavior Survey, 2009							
Question	Sex	Female	Male	p-value	Female More Likely Than Male	Male More Likely Than Female	No Difference
<b>Unintentional Injuries and Violence</b>							
<b>Rarely or never wore a bicycle helmet</b> (among students who had ridden a bicycle during the 12 months before the survey)		71.9 (62.7–79.5) 527†	77.7 (70.3–83.7) 583	0.26			●
<b>Rarely or never wore a seat belt</b> (when riding in a car driven by someone else)		5.5 (3.4–8.7) 784	9.7 (6.9–13.4) 721	0.04		●	
<b>Rode with a driver who had been drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)		25.9 (21.2–31.1) 782	23.4 (20.5–26.5) 718	0.38			●
<b>Drove when drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)		7.0 (5.6–8.9) 778	7.8 (5.5–10.9) 705	0.61			●
<b>Carried a weapon on school property on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)		3.0 (2.0–4.4) 779	8.0 (5.2–12.1) 713	0.01		●	
<b>Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day</b> (during the 30 days before the survey)		4.8 (3.5–6.5) 783	5.5 (3.3–9.2) 718	0.61			●
<b>Threatened or injured with a weapon on school property one or more times</b> (for example, a gun, knife, or club during the 12 months before the survey)		5.1 (3.6–7.2) 782	10.8 (8.6–13.3) 713	0.00		●	
<b>In a physical fight on school property one or more times</b> (during the 12 months before the survey)		5.0 (3.7–6.7) 779	16.2 (14.0–18.8) 708	0.00		●	
<b>Bullied on school property</b> (during the 12 months before the survey)		20.3 (16.2–25.0) 754	17.5 (13.9–21.7) 702	0.32			●
<b>Felt sad or hopeless</b> (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)		31.7 (27.7–36.0) 783	19.3 (15.4–23.9) 720	0.00	●		
<b>Seriously considered attempting suicide</b> (during the 12 months before the survey)		17.9 (15.4–20.8) 782	9.7 (7.7–12.1) 720	0.00	●		
<b>Made a plan about how they would attempt suicide</b>		12.8 (10.0–16.3)	9.3 (7.0–12.3)	0.08			

(during the 12 months before the survey)	779	717				●
<b>Attempted suicide one or more times</b> (during the 12 months before the survey)	9.3 (7.1–12.1) 715	5.6 (3.5–8.8) 644	0.04	●		
<b>Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</b> (during the 12 months before the survey)	3.5 (2.2–5.7) 712	2.4 (1.3–4.6) 641	0.31			●
<b>Carried a weapon on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)	8.2 (6.1–11.1) 773	25.0 (20.7–29.8) 700	0.00		●	
<b>Carried a gun on at least 1 day</b> (during the 30 days before the survey)	2.2 (1.2–4.2) 750	9.2 (6.2–13.4) 688	0.00		●	
<b>In a physical fight one or more times</b> (during the 12 months before the survey)	21.8 (18.0–26.3) 779	42.0 (37.5–46.6) 707	0.00		●	
<b>Injured in a physical fight one or more times</b> (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.3 (2.1–5.0) 778	4.7 (3.2–6.8) 715	0.19			●
<b>Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend</b> (during the 12 months before the survey)	6.9 (4.7–9.9) 781	11.2 (8.4–14.8) 719	0.03		●	
<b>Ever physically forced to have sexual intercourse</b> (when they did not want to)	11.1 (8.9–13.7) 782	4.4 (2.7–7.2) 719	0.00	●		
<b>Tobacco Use</b>						
<b>Ever tried cigarette smoking</b> (even one or two puffs)	41.4 (35.0–48.2) 751	44.6 (37.5–51.9) 684	0.50			●
<b>Smoked a whole cigarette for the first time before age 13 years</b>	7.5 (4.9–11.3) 747	10.0 (7.1–14.0) 682	0.26			●
<b>Smoked cigarettes on at least 1 day</b> (during the 30 days before the survey)	17.4 (12.4–23.8) 739	17.8 (13.3–23.6) 669	0.90			●
<b>Smoked cigarettes on 20 or more days</b> (during the 30 days before the survey)	7.3 (4.4–11.7) 739	8.4 (5.4–12.8) 669	0.64			●
<b>Smoked more than 10 cigarettes per day</b> (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	6.2 (2.3–15.4) 123	15.0 (9.3–23.3) 113	0.05			●
<b>Smoked cigarettes on school property on at least 1 day</b> (during the 30 days before the survey)	7.7 (5.1–11.4) 758	8.8 (5.8–13.1) 691	0.64			●
<b>Ever smoked at least one cigarette every day for 30 days</b>	10.7 (7.0–16.0) 744	10.5 (6.8–15.7) 683	0.94			●
<b>Did not try to quit smoking cigarettes</b> (among students who currently smoked cigarettes, during the 12 months before the survey)	39.4 (29.0–50.9) 122	53.6 (42.7–64.1) 114	0.06			●
<b>Usually obtained their own cigarettes by buying them in a store or gas station</b> (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	10.3 (4.1–23.3) 112	N/A 93	~			
<b>Used chewing tobacco, snuff, or dip on at least 1 day</b> (during the 30 days before the survey)	4.2 (2.8–6.2) 756	16.8 (12.5–22.3) 696	0.00		●	

<b>Used chewing tobacco, snuff, or dip on school property on at least 1 day</b> (during the 30 days before the survey)	2.6 (1.7–4.1) 755	9.1 (6.7–12.3) 694	0.00		●	
<b>Smoked cigars, cigarillos, or little cigars on at least 1 day</b> (during the 30 days before the survey)	11.4 (8.9–14.6) 759	21.0 (16.6–26.1) 698	0.00		●	
<b>Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day</b> (during the 30 days before the survey)	21.6 (16.6–27.5) 731	31.3 (25.4–38.0) 659	0.02		●	
<b>Alcohol and Other Drug Use</b>						
<b>Ever had at least one drink of alcohol on at least 1 day</b> (during their life)	77.3 (71.9–81.9) 752	67.8 (61.7–73.3) 681	0.01	●		
<b>Drank alcohol for the first time before age 13 years</b> (other than a few sips)	17.5 (13.8–21.8) 761	27.2 (23.1–31.8) 699	0.00		●	
<b>Had at least one drink of alcohol on at least 1 day</b> (during the 30 days before the survey)	44.2 (37.5–51.1) 715	37.4 (32.2–43.0) 628	0.11			●
<b>Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day</b> (during the 30 days before the survey)	27.2 (21.8–33.2) 752	23.2 (18.4–28.8) 680	0.29			●
<b>Usually obtained the alcohol they drank by someone giving it to them</b> (among students who currently drank alcohol during the 30 days before the survey)	46.4 (40.0–52.8) 287	35.3 (27.8–43.7) 219	0.03	●		
<b>Had at least one drink of alcohol on school property on at least 1 day</b> (during the 30 days before the survey)	3.8 (2.5–5.6) 760	4.5 (2.7–7.5) 691	0.57			●
<b>Ever used marijuana one or more times</b> (during their life)	40.8 (34.1–47.8) 758	44.5 (37.4–51.9) 687	0.44			●
<b>Tried marijuana for the first time before age 13 years</b>	6.6 (4.5–9.7) 760	10.0 (7.2–13.6) 696	0.09			●
<b>Used marijuana one or more times</b> (during the 30 days before the survey)	24.2 (19.6–29.5) 759	25.5 (20.3–31.3) 696	0.73			●
<b>Used marijuana on school property one or more times</b> (during the 30 days before the survey)	4.3 (3.2–5.9) 736	7.9 (5.4–11.3) 681	0.03		●	
<b>Ever used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during their life)	7.2 (4.6–11.2) 757	9.4 (7.1–12.4) 688	0.28			●
<b>Used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during the 30 days before the survey)	3.3 (2.1–5.3) 760	4.0 (2.7–5.8) 697	0.55			●
<b>Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times</b> (during their life)	9.9 (7.1–13.6) 761	8.6 (5.8–12.7) 696	0.56			●
<b>Ever used heroin one or more times</b> (also called "smack", "junk", or "China white", during their life)	2.1 (1.1–4.1) 759	4.1 (2.5–6.7) 695	0.10			●
<b>Ever used methamphetamines one or more times</b> (also called "speed", "crystal", "crank", or "ice", during their life)	2.8 (1.7–4.6) 759	4.1 (2.9–5.8) 696	0.17			●

<b>Ever used ecstasy one or more times</b> (also called "MDMA", during their life)	9.1 (7.0–11.7) 759	11.4 (8.4–15.1) 695	0.24			●
<b>Ever took steroid pills or shots without a doctor's prescription one or more times</b> (during their life)	2.9 (1.8–4.7) 760	4.3 (2.8–6.4) 700	0.22			●
<b>Ever used a needle to inject any illegal drug into their body one or more times</b> (during their life)	2.1 (1.2–3.6) 760	3.1 (1.9–5.0) 701	0.27			●
<b>Offered, sold, or given an illegal drug by someone on school property</b> (during the 12 months before the survey)	19.7 (16.5–23.4) 758	25.7 (21.0–30.9) 697	0.05			●
<b>Sexual Behaviors</b>						
<b>Ever had sexual intercourse</b>	36.2 (28.1–45.1) 650	43.7 (36.7–50.9) 584	0.17			●
<b>Had sexual intercourse for the first time before age 13 years</b>	2.7 (1.5–4.8) 646	6.4 (4.1–9.7) 584	0.02		●	
<b>Had sexual intercourse with four or more persons</b> (during their life)	11.0 (7.5–16.1) 649	16.5 (12.9–20.7) 583	0.06			●
<b>Had sexual intercourse with at least one person</b> (during the 3 months before the survey)	25.6 (19.5–33.0) 649	29.1 (23.9–35.0) 584	0.41			●
<b>Drank alcohol or used drugs before last sexual intercourse</b> (among students who were currently sexually active)	26.7 (19.6–35.3) 162	22.6 (16.0–30.8) 165	0.43			●
<b>Did not use a condom during last sexual intercourse</b> (among students who were currently sexually active)	41.0 (31.2–51.5) 161	33.4 (27.2–40.3) 164	0.20			●
<b>Did not use birth control pills before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	74.4 (63.7–82.8) 159	80.6 (71.8–87.2) 158	0.29			●
<b>Were never taught in school about AIDS or HIV infection</b>	17.7 (13.6–22.8) 752	18.2 (13.9–23.5) 692	0.88			●
<b>Did not use Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	94.2 (87.5–97.4) 159	97.4 (93.3–99.0) 158	0.21			●
<b>Did not use birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	68.6 (57.8–77.7) 159	78.0 (70.5–84.1) 158	0.11			●
<b>Did not use both a condom during last sexual intercourse and birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	87.0 (80.8–91.5) 158	90.3 (84.2–94.2) 158	0.35			●
<b>Dietary Behaviors</b>						
<b>Ate fruits and vegetables less than five times per day</b> (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	78.1 (75.2–80.8) 746	73.1 (68.7–77.0) 682	0.04		●	
<b>Did not drink 100% fruit juices</b>	18.7 (15.7–22.2)	17.7 (15.5–20.1)	0.60			

(during the 7 days before the survey)	754	694				●
<b>Did not eat fruit</b> (during the 7 days before the survey)	9.6 (7.4–12.4) 752	9.0 (6.4–12.6) 692	0.75			●
<b>Did not eat green salad</b> (during the 7 days before the survey)	28.9 (24.3–33.8) 750	36.6 (33.8–39.5) 690	0.01		●	
<b>Did not eat potatoes</b> (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	29.7 (25.5–34.3) 753	23.5 (20.6–26.6) 691	0.02	●		
<b>Did not eat carrots</b> (during the 7 days before the survey)	46.2 (42.5–49.9) 752	44.8 (39.4–50.3) 690	0.66			●
<b>Did not eat other vegetables</b> (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	15.3 (11.6–19.8) 751	14.7 (11.0–19.3) 688	0.83			●
<b>Drank a can, bottle, or glass of soda or pop at least one time per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	20.2 (16.2–24.9) 750	29.0 (24.0–34.5) 689	0.01		●	
<b>Drank less than three glasses per day of milk</b> (during the 7 days before the survey)	90.1 (87.8–92.0) 750	74.9 (70.3–78.9) 691	0.00	●		
<b>Ate fruit or drank 100% fruit juices less than two times per day</b> (during the 7 days before the survey)	68.3 (63.6–72.6) 752	65.2 (60.5–69.6) 692	0.32			●
<b>Ate vegetables less than three times per day</b> (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.9 (84.2–89.2) 747	80.9 (77.2–84.2) 684	0.01	●		
<b>Overweight</b> (students who were $\geq$ 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data)	10.4 (8.0–13.5) 704	11.7 (9.1–14.9) 664	0.52			●
<b>Obese (students who were <math>\geq</math> 95th percentile for body mass index, by age and sex, based on reference data)</b>	5.4 (3.3–8.8) 704	8.6 (6.0–12.0) 664	0.11			●
<b>Described themselves as slightly or very overweight</b>	26.1 (21.4–31.4) 781	18.0 (14.4–22.3) 714	0.01	●		
<b>Did not exercise to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	31.3 (28.0–34.9) 782	50.8 (44.3–57.2) 710	0.00		●	
<b>Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	56.4 (52.9–59.8) 781	78.5 (73.6–82.6) 709	0.00		●	
<b>Went without eating for 24 hours or more to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	14.5 (12.6–16.7) 781	5.3 (3.6–7.5) 714	0.00	●		
<b>Took diet pills, powders or liquids to lose weight or to keep from gaining weight</b> (without a doctor's advice, during the 30 days before the survey)	5.8 (4.5–7.6) 781	3.4 (2.2–5.3) 713	0.02	●		
<b>Vomited or took laxatives to lose weight or to keep from gaining weight</b>	4.6 (3.2–6.5) 779	2.6 (1.4–4.7) 714	0.07			●

(during the 30 days before the survey)						
<b>Physical Activity</b>						
<b>Physically active at least 60 minutes per day on less than 5 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	61.6 (55.1–67.7) 777	44.9 (40.3–49.5) 709	0.00	●		
<b>Did not attend physical education classes in an average week</b> (when they were in school)	60.5 (52.5–68.0) 748	50.0 (44.4–55.7) 688	0.03	●		
<b>Did not attend physical education classes daily</b> (when they were in school)	84.4 (76.3–90.0) 748	74.7 (62.6–83.9) 688	0.12			●
<b>Did not play on sports teams</b> (run by their school or community groups during the 12 months before the survey)	36.5 (31.2–42.1) 750	35.5 (29.0–42.4) 693	0.80			●
<b>Watched television 3 or more hours per day</b> (on an average school day)	20.5 (17.3–24.2) 778	29.7 (25.5–34.4) 709	0.00		●	
<b>Used computers 3 or more hours per day</b> (played video or computer games or used a computer for something that was not school work on an average school day)	13.2 (10.8–16.0) 777	23.3 (18.8–28.6) 710	0.00		●	
<b>Physically active at least 60 minutes per day on less than 7 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	80.6 (75.8–84.6) 777	65.9 (61.2–70.3) 709	0.00	●		
<b>Did not participate in at least 60 minutes of physical activity on any day</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	13.7 (10.1–18.2) 777	8.8 (5.9–13.0) 709	0.06			●
<b>Asthma</b>						
<b>Ever told by a doctor or nurse that they had asthma</b>	21.7 (18.6–25.3) 752	21.9 (17.9–26.4) 694	0.96			●
<b>Ever told by a doctor or nurse that they had asthma and still have asthma</b>	12.8 (9.6–16.9) 751	11.8 (8.9–15.6) 692	0.68			●

**Footnotes**

†	Percentage, confidence interval, cell size
	N/A = < 100 respondents for the subgroup
	~ = P-value not available

**Application URL:** <http://ngdev.cdc.gov/YouthOnline/App/Results.aspx?TT=A&OUT=0&SID=HS&QID=QQ&LID=CO&YID=2009&LID2=&YID2=&COL=S&ROW1=&ROW2=&HT=QQ&LCT=&FS=&FR=1&FG=1&FSL=&FRL=&FGL=&PV=&TST=True&C1=7&C2=8&QP=G&DP=1&VA=CI&CS=Y&SYID=&EYID=&SC=DEFAULT&SO=ASC&PF=1>